Activities Unlimited – Hiking

When: Monday's at 9AM – back by 3PM range

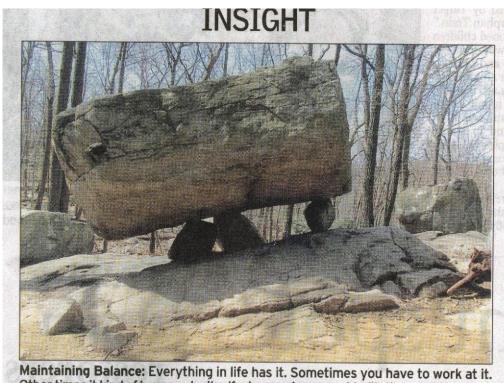
Where: Wyckoff Reform Church Parking Lot

Where: Comfortable Clothing and a good pair of Hiking Boots

Bring: Lunch and ample supply of water and a Hiking Pole

Transportation: Car Pool - \$3 to \$5 to driver based on distance

Note: Highlighted below is a picture from The Record ... it is one of the many interesting sights the hikers experience during their walks along the local hiking trails in the NY Metropolitan area.



Maintaining Balance: Everything in life has it. Sometimes you have to work at it. Other times it kind of happens by itself – in amazing ways. Meditations on "balance," real and metaphorical, come easily when you're gazing at Tripod Rock on Pyramid Mountain in Montville.

— Photographer Dawn-Marie Lombardi of Dover

Also, you can visit <u>www.activitiesunlimited.org</u> to view other hikes our AU Members experience weekly.